

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

02		03	Kcal 640 Lip. 13	P. 23 H.C. 99	04	Kcal 673 Lip. 26	P. 43 H.C. 59	05	Kcal 623 Lip. 12	P. 14 H.C. 106	06	Kcal 548 Lip. 12	P. 30 H.C. 76	
			<ul style="list-style-type: none"> - GRATIN MACARONI - GRILLED PORK LOIN - LETTUCE AND CORN SALAD - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - PICADILLO SOUP - POVENCAL ROAST CHICKEN - FRIED POTATO - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - COURGETTE SOUP - ITALIAN PIZZA - LETTUCE AND CARROT SALAD - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> ● ECO LENTILS WITH PUMPKIN - MARINATED HAKE - LETTUCE AND TOMATO SALAD - FRESH FRUIT, MILK AND BREAD 		
09		10	Kcal 679 Lip. 12	P. 30 H.C. 108	11	Kcal 655 Lip. 17	P. 43 H.C. 78	12	Kcal 692 Lip. 26	P. 18 H.C. 89	13	Kcal 693 Lip. 25	P. 30 H.C. 84	
			<ul style="list-style-type: none"> - WHITE RICE WITH TOMATO SAUCE - FISH FILLET - LETTUCE AND OLIVES SALAD - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - BEAN STEW - CHICKEN STEW - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - VEGETABLE SOUP - CHORIZO OMELETTE - LETTUCE AND TOMATO SALAD - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - COCIDO SOUP - MADRILENIAN STEW - FRESH FRUIT, MILK AND BREAD 		
16	Kcal 717 Lip. 22	P. 27 H.C. 95	17	Kcal 554 Lip. 11	P. 25 H.C. 83	18	Kcal 806 Lip. 44	P. 20 H.C. 73	19	Kcal 596 Lip. 13	P. 31 H.C. 93	20	Kcal 546 Lip. 18	P. 14 H.C. 76
	<ul style="list-style-type: none"> - ITALIAN PASTA - BURGER MEAT IN JARDINERA SAUCE - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> ● ECO LENTILS WITH VEGETABLES - SMOKED PORK LOIN - AUBERGINE DELIGHTS - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - SAUTÉED GREEN BEANS - SPANISH OMELETTE - LETTUCE AND CORN SALAD - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - MIXED PAELLA - COD WITH TOMATO AND PEPPER SAUCE - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - MARAVILLA SOUP - CHICKEN NUGGETS - LETTUCE AND CARROT SALAD - FRESH FRUIT, MILK AND BREAD 	
23	Kcal 591 Lip. 12	P. 30 H.C. 86	24	Kcal 692 Lip. 18	P. 24 H.C. 104	25	Kcal 597 Lip. 17	P. 22 H.C. 83	26	Kcal 579 Lip. 17	P. 24 H.C. 80	27	Kcal 757 Lip. 26	P. 31 H.C. 92
	<ul style="list-style-type: none"> - STEWED POTATOES - ANDALUZA ANCHOVIES - LETTUCE AND TOMATO SALAD - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - CREAM FEATHERS - MEATBALLS IN CAZADORA SAUCE - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - STEWED CHICKPEAS - HOME-MADE CORDON BLEU - LETTUCE AND TOMATO SALAD - FRESH FRUIT, MILK AND BREAD 			<ul style="list-style-type: none"> - PUMPKIN SOUP - TURKEY ROTI IN SAUCE - APPLE PLUMCAKE AND BREAD 			<ul style="list-style-type: none"> - FRIED RICE - BOILED EGGS WITH TUNA AND TOMATO - FRESH FRUIT, MILK AND BREAD 	
30	Kcal 598 Lip. 11	P. 24 H.C. 94												
	<ul style="list-style-type: none"> - LENTILS WITH VEGETABLES - COURGETTE CROQUETTES - LETTUCE AND CORN SALAD - FRESH FRUIT AND BREAD 													

Este establecimiento tiene disponible para su consulta la información relativa a la presencia de alérgenos de nuestros productos.

● This point indicates the dishes and days with certified organic products or of agro-ecological origin.

FOOD EATEN AT LUNCHTIME		DINNER SUGGESTIONS	
Rice, pasta, potatoes or pulses	→	Raw or cooked vegetables	
Vegetables	→	Rice, pasta or potatoes	
Meat	→	Fish or egg	
Fish	→	Meat or egg	
Egg	→	Fish or meat	
Fruit	→	Dairy or fruit	
Dairy	→	Fruit	